

PERNET FAMILY HEALTH SERVICE *Annual Report*

2018



Proud mother, see page 6

mission

In the tradition of the Little Sisters of the Assumption, Pernet Family Health Service supports the physical, social, psychological, and spiritual development of individuals and families by providing home-based health and social services that lead to long-term strengthening and enhancement of family and community life.

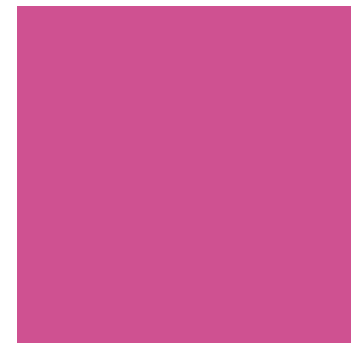


vision

Pernet Family Health Service is a vibrant, family-centered, and resource-rich partner in the development of strong, healthy, and self-sufficient families and individuals who participate actively in community life.

values

- Belief in the dignity and worth of each individual.
- Empowerment, so families have the tools to reach their full potential.
- Dedication and commitment to supporting families in attaining their goals.
- Recognition of each family's strengths and positive attributes.
- Empathy for families facing challenges.
- Mutuality in relationships; we both give and receive.
- Respect for diversity and the richness of our differences.



programs

Early Intervention

- Developmental service available to families of children between birth and three years of age

Family Support Services

- Fathers and Family Program
- Homemakers Program
- Parent Aides Program
- Parenting Classes

Maternal and Child Nursing

- Providing home care and support to pregnant and parenting women and their babies.

Family and Community Development Program

- Emergency Assistance (Food Pantry and Infant Supplies)
- Computer Lab
- Green Island Gardens/Youth Summer Jobs
- Holiday Program
- Homework Club/Youth Group
- Information and Referral
- Neighborhood Leadership Development
- Summer Outings





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A Message from our Leaders



As we close out FY 2018 and move in to a new year, we appreciate the funders who have helped Pernet strengthen and enhance families. The basic premise of our founders, the Little Sisters of the Assumption and their founder, Fr. Stephen Pernet, is that families create the foundation for society and are the fabric of the community in which we live. We have had a successful year in continuing to provide quality services to families.



We have had an increase in evacuees from Puerto Rico due to the devastating hurricane. The needs of the Food Pantry, back-to-school supplies, and other basic needs have stretched our resources. However, we not only pray for miracles, we rely on them. And the needs have been met, thanks to philanthropy in Worcester and beyond.

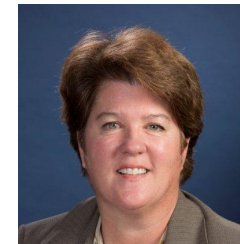
Also, the excitement in the neighborhood is palpable with news of the Minor League team, the Pawtucket Red Sox moving to Worcester, right in the heart of Pernet's Green Island neighborhood, to become the Worcester Red Sox. Jobs in construction, restaurants, and hotels will open new opportunities for the families we serve. Parents will achieve the respect that comes with self-sufficiency and the ability to provide for their children. Pernet's mission to families will be strengthened with a family-friendly pastime-baseball. Pernet is happy to participate in the planning of this new adventure which can only improve lives in our community.



As you look through this Annual Report, we want to thank you for your generosity and commitment to make our community a better place. We want you to know how much you have improved the community for the families we serve.



Jack Woods, Board Chair



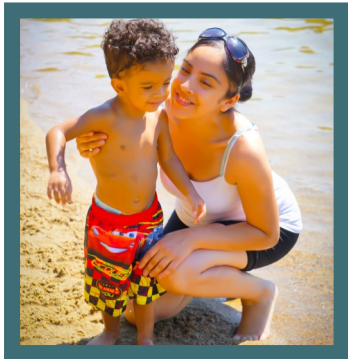
Sheilah Dooley, Executive Director



Stories from our clients

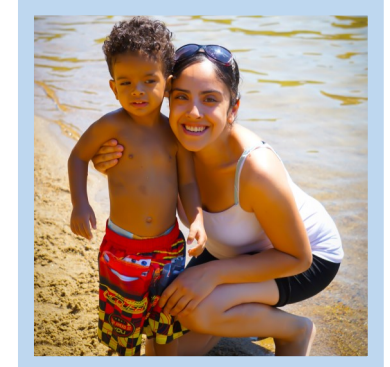
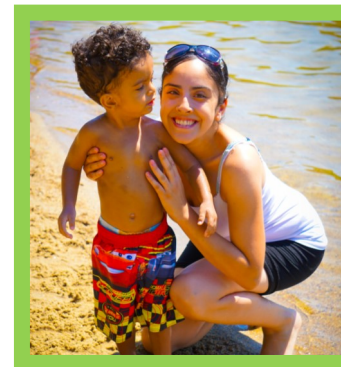
Destiny was a thirteen year old who found herself in a situation she never expected. Because of circumstance beyond her control, she was literally homeless while in high school. She “bounced from house to house” and got herself in trouble with all kinds of teenaged issues. She described herself as “a real troublemaker”. Yet she graduated from Burncoat Middle School and High School.

At eighteen years old, she started going to church. Things started to change for her. But she became pregnant at twenty years old and became a mother at twenty one years old. She was in two shelters during this time. She had her baby while at Visitation House and learned so much about being a mother. Then she credits God with moving her life forward. She had an application in for housing but there were fourteen people ahead of her. Yet none of them answered their phones or submitted what was needed for the apartment. She moved ahead of the fourteen people by completing the paperwork required and she and her new baby got the apartment.



Destiny had a nurse from Pernet because she was young and on her own. Then her baby was diagnosed with a developmental delay and she was referred to Early Intervention at Pernet. Her baby’s head was bigger which made it difficult to have the strength to roll over. His muscle tone was weak. He was scheduled for physical therapy and then speech therapy. Her Early Intervention Service Coordinator made a home visit with her supervisor as a routine evaluation visit. At that visit, Destiny was describing her needs in life and how what she really needed was a job! Her Early Intervention Service Coordinator turned to her supervisor as she knew that Pernet needed a part time receptionist. Destiny was hired for ten hours week.

At this time, Destiny is a full time office assistant and receptionist and her baby is progressing nicely due to the interventions he receives through Pernet. He is learning fast, repeating words his mother teaches, such as “Halleluiah” and he is starting to count at two years and four months. Destiny credits Pernet’s Early Intervention program with his progress. She didn’t think he would be able to walk so well but now he is even running! She knows that she was a young, first time Mom and needed the services that Pernet offered for her son to progress as well as he has. She now has the support of her mother, grandmother, and her baby’s father to help her day to day.



Thank you for the support you give Pernet Family Health Service in order to transform lives!

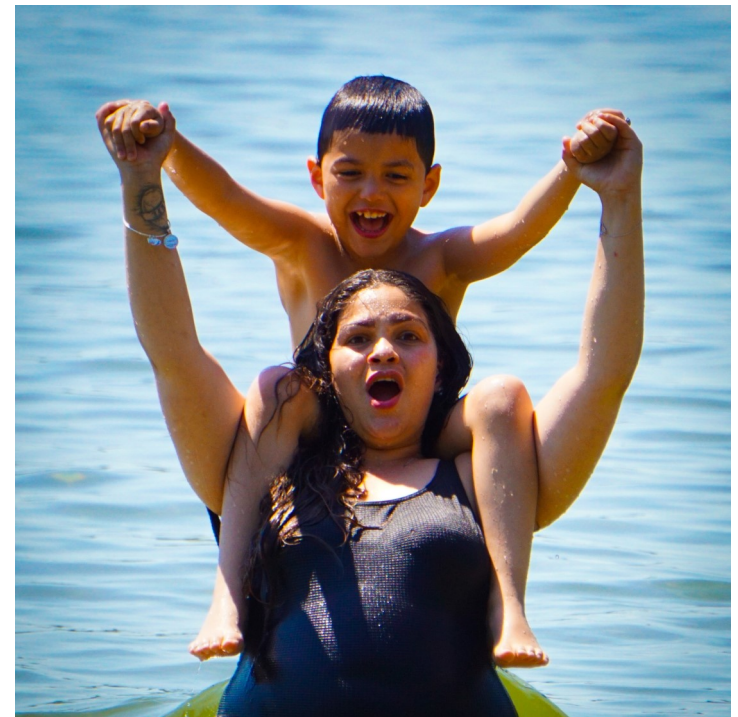


“I came in today to get my food for the month and was telling staff that I had no school supplies. She told me to come back in a few. The next thing I knew she was knocking at my door with three backpacks for my kids with everything they needed to start school. I am very grateful for all of the help I have received from Pernet throughout the years. I love living next to Pernet.”

“The case management worker at Pernet went out of her way to assist a young mother with three children who had to leave Ohio due to domestic violence issues. This family had no ability to get any assistance here as she had no closing letter from the Ohio Dept. of Family Assistance. Our worker spent over an hour on the phone to the Ohio DFA to track down her case worker and get the letter of closing sent here. With this letter she can now receive food, adequate housing, and health care. This young woman left Pernet with plenty of food and clothing vouchers for herself and the children.”



We have a child in early intervention who is 2 years of age and diagnosed with a very rare disorder. Her family was told at birth that the child did not have any brain function and that her prognosis was not good. Early intervention started to work with this child and family by putting appropriate therapists on her case and by providing suggestions and strategies for the family to help support the child and give her a better quality of life. In 6 months time, the child is using simple signs to request her wants and needs and she was able to stand independently for the very first time in her leg braces. The family now has hope and the child is making gains that the medical community didn't think possible!



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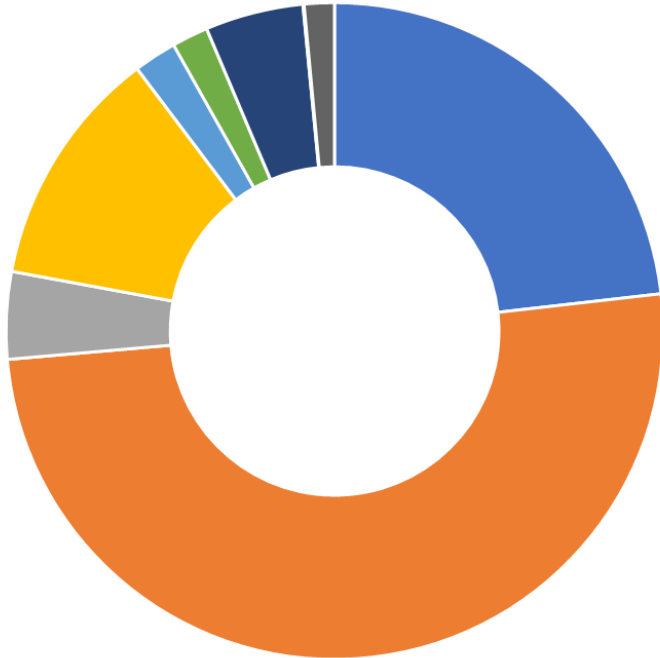
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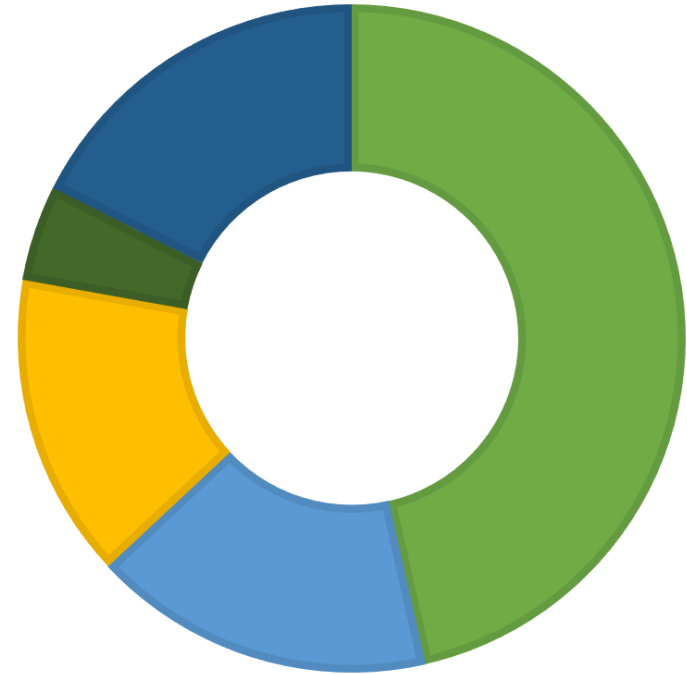
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Revenue & Support



Expenses



Government Contract	\$478,762	23%
Fees for service	\$1,041,346	50%
Private donations	\$88,579	4%
Foundation/Corporation Donations	\$244,040	12%
United Way	\$43,649	2%
Private Religious Sources	\$36,869.70	2%
In-Kind Contributions	\$99,670	5%
Investment Income	\$1,183	0%
Miscellaneous	\$30,637	1%
TOTAL	\$2,064,735.70	

Early Intervention Program	\$947,590	46%
Family Support	\$337,658	17%
Family & Community Development	\$301,723	15%
Nursing Services	\$94,203	5%
Administration & Fundraising	\$358,130	18%
TOTAL	\$2,039,304	
SURPLUS	\$25,431.70	

Financial information is preliminary and unaudited at the time of this report.

Pernet Family Health Service

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